

Elbow Falls 200

		Total Distance:	199.9999999999994 KM	Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water		
		Nominal Distance:	200 KM			
		Start Time:	08:00			
		Time Limit:	13:30 + 0 dy (13.5 h)			
Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumulative Distance (KM)	Opening Time	Closing Time
S	Start: 'Westhills Library' - Signal Hill Centre (Park near Second Cup)	FW	0	0	8:00 +0 dy	9:00 +0 dy
	Turn right (West) on Signal Hill Centre SW to Sierra Morena Blvd, Turn Right and follow to Sierra Morena Rd		00.9	1	8:01 +0 dy	9:02 +0 dy
	Turn right (North) on Sierrra Morena Rd to 34 Ave SW, then turn left (West) on 34 Ave to 69 St		00.6	2	8:02 +0 dy	9:04 +0 dy
	Turn left (South) on 69 St to Glenmore Trail (Hwy 8)	FWR	1.1	3	8:04 +0 dy	9:07 +0 dy
	Turn right (West), travel to Hwy 22		19.5	22	8:39 +0 dy	10:06 +0 dy
1	Turn Left (South), travel to 'Bragg Creek'	FWR	10.7	33	8:57 +0 dy	10:38 +0 dy
	Turn into Bragg Creek and head West through town on Hwy 758 (White Ave) to Hwy 66		4.8	38	9:06 +0 dy	10:52 +0 dy
2	Turn Right (West) on HWY 66 and follow until pavement ends ('Hwy 66/Powderface Trail')		25.9	64	9:52 +0 dy	12:14 +0 dy
	Return East on Hwy 66, travel to Hwy 22 (Hwy 66 flows right into Hwy 22X). Continue East on Hwy 22X to Turn off for Priddis.		43	107	11:07 +0 dy	15:06 +0 dy
3	Turn right (South) on local road to 'Priddis'. (Road will immediately curve right (West), travel about 800m, turn left (South) on Range Rd 34, travel another 800m)	FW	1.6	108	11:10 +0 dy	15:12 +0 dy
	Return North to Hwy 22X		1.6	110	11:13 +0 dy	15:18 +0 dy
	Turn right (East), travel to Hwy 22 South		4.1	114	11:20 +0 dy	15:35 +0 dy
	Turn right (South), travel to Hwy 549 West	FW	16.2	130	11:49 +0 dy	16:39 +0 dy
4	Turn right (West), then turn right (North) into 'Millarville'		00.6	131	11:50 +0 dy	16:42 +0 dy
	Return to Hwy 549, turn Right and continue West to Hwy 762		10.6	141	12:09 +0 dy	17:24 +0 dy
	Turn right (North), travel to Hwy 22		22.2	163	12:48 +0 dy	18:53 +0 dy
	Turn left (West) on Hwy 22, then right (North) to stay on Hwy 22 back to Bragg Creek	FW	3.6	167	12:54 +0 dy	19:07 +0 dy
	Continue North on Hwy 22 to Hwy 8/Glenmore Trail		10.7	178	13:13 +0 dy	19:50 +0 dy
	Turn right (East) on Hwy 8 to Finish (retrace out route)	FWR	22.3	200	13:52 +0 dy	21:19 +0 dy
F	Finish: 'Westhills Library'		0	200	13:52 +0 dy	21:19 +0 dy