Fairmont 600

Total Distance:	602.6 KM
Nominal Distance:	600 KM
Start Time:	05:00
Time Limit:	16:00 + 1 dy (40 h)

Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water

Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumu-lative Distance (KM)	Opening Time	Closing Time
S	Start: 'Starbucks', Tuscany Blvd NW	FW	0	0	5:00 +0 dy	6:00 +0 dy
	From the South side of the parking lot, take Tuscany Blvd East to Tuscany Way (150m) and turn left. Follow Tuscany Way to 12 Mile Coulee Rd		1.6	2	5:02 +0 dy	6:04 +0 dy
	Turn right (North), travel to Hwy 1A		1.2	3	5:04 +0 dy	6:08 +0 dy
	Turn left (North-West), travel to Cochrane, Hwy 22.		18.2	21	5:37 +0 dy	7:03 +0 dy
1	Turn left (South), then right on Quigley Dr (600m), then left on Westside Dr (150m). Checkpoint at 'Cochrane Tim Hortons'	FHRW	00.8	22	5:38 +0 dy	7:05 +0 dy
2	Return back to Hwy 1A via Westside Dr, Quigley Dr, and turn left (West). Follow Hwy 1A to 'Canmore'. (Cross under Hwy 1 and follow the road into town. Tim Hortons, etc. at west end)	FHRW	75.9	98	7:52 +0 dy	11:30 +0 dy
	Continue North-West on Hwy 1A and merge with Hwy 1 (Trans-Canada) going North-West. Continue to Banff, Banff Ave exit.		17.7	115	8:23 +0 dy	12:41 +0 dy
3	Exit into 'Banff', checkpoint along Banff Ave.	FHRW	3.5	119	8:29 +0 dy	12:55 +0 dy
	Continue West on Banff Ave to Wolf St and turn right. After 240m, turn right onto Lynx St. Follow the road as it curves slightly left and becomes Gopher St, then slightly right and becomes Mt Norquay Rd. Continue to Hwy 1.		2.9	122	8:34 +0 dy	13:07 +0 dy
	Turn left (West) and merge onto Hwy 1. Travel to Hwy 1A (Bow Valley Pkwy)		5.5	127	8:44 +0 dy	13:29 +0 dy
4	Exit right (North-West) onto Hwy 1A and travel to 'Castle Junction'	FRW	24.1	151	9:27 +0 dy	15:05 +0 dy
	Turn left (West) onto Banff-Windermere Pkwy, cross over Hwy 1. Road becomes Hwy 93. Follow over Vermillion Pass, past Vermillion Crossing, to Radium Hot Springs, Hwy 95		105	256	12:38 +0 dy	22:05 +0 dy
5	Turn right (North), travel to 'Edgewater'	FW	9.8	266	12:57 +0 dy	22:44 +0 dy
6	Turn around (South), travel past Radium Hot Springs, continuing south to 'Fairmont'	FHRW	45.9	312	14:23 +0 dy	1:48 +0 dy
	Turn around (North), travel to Radium Hot Springs, Hwy 93	FHRW	36	348	15:30 +0 dy	4:12 +0 dy
7	Turn right (East), travel to 'Vermillion Crossing'	FHRW	63.4	412	17:30 +0 dy	8:25 +1 dy
	Continue North and East on Hwy 93, over Hwy 1 and back to Castle Junction	FRW	42	454	18:54 +0 dy	11:13 +1 dy
	Turn right (South-East), travel to Hwy 1		24.1	478	19:43 +0 dy	12:50 +1 dy
	Merge onto Hwy 1 East, travel to Banff, Mt Norquay Rd exit.		5.5	483	19:54 +0 dy	13:12 +1 dy
	Exit into Banff, follow Mt Norquay Rd to Gopher St, then Lynx St, turning left on Wolf St. Continue to Banff Ave.	FHRW	1.7	485	19:57 +0 dy	13:19 +1 dy
	Turn left, take Banff Ave East back to Hwy 1.		4.2	489	20:05 +0 dy	13:35 +1 dy
8	Merge onto Hwy 1 East, travel to 'Canmore', Bow Valley Tr. exit. Head into town for a checkpoint	FHRW	17.7	507	20:41 +0 dy	14:46 +1 dy
	Continue South-East on Bow Valley Tr/Hwy 1A, crossing under Hwy 1. Travel to Cochrane	FHRW	74.9	582	23:11 +0 dy	19:46 +1 dy
	Continue East on Hwy 1A to 12 Mile Coulee Rd.		18.2	600	23:47 +0 dy	20:59 +1 dy
	Turn right (South), travel to Tuscany Way		1.2	601	23:47 +0 dy	21:00 +1 dy
	Turn left (East), travel to Tuscany Blvd, then turn right back to finish		1.6	603	23:47 +0 dy	21:00 +1 dy
F	Finish: 'Starbucks'	FW	0	603	23:47 +0 dy	21:00 +1 dy