Stettler 400										
Total Distance	400.4999999999994 KM									
Nominal Distance	400 KM		Services: F=Food Store, H=Hote							
Start Time	06:00		R=Restaurant, W=Wate							
Time Limi	03:00 + 1 dy (27 h)									
		Interval	Cumu-							

Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumu- lative Distance (KM)	Opening Time	Closing Time
S	Start: 'Millwoods Town Centre'	FRW	0	0	6:00 +0 dy	7:00 +0 dy
	Head to 66 St. and turn right (North), travel to 34 Ave.		1.4	1	6:02 +0 dy	7:04 +0 dy
	Turn right (East), travel to 50 St.		1	2	6:04 +0 dy	7:07 +0 dy
	Turn right (South), travel through Beaumont (50 St becomes Hwy 814 south of Edmonton). Follow Hwy 814 to Hwy 13		56.3	59	7:43 +0 dy	9:56 +0 dy
	Turn right (West), travel to Hwy 2A		1.6	60	7:46 +0 dy	10:01 +0 dy
1	Turn left (South), travel into 'Wetaskiwin'	FHRW	3.3	64	7:52 +0 dy	10:14 +0 dy
2	Continue South on Hwy 2A to 'Ponoka'	FHRW	35.3	99	8:54 +0 dy	12:35 +0 dy
	Continue South on Hwy 2A. Hwy 2A will merge with Hwy 2.		14	113	9:19 +0 dy	13:31 +0 dy
	Once on Hwy 2, travel about 5.4 km, exit onto Hwy 2A towards Lacombe.		5.4	118	9:28 +0 dy	13:53 +0 dy
3	Stay on Hwy 2A to 'Red Deer', Hwy 11/67 St.	FHRW	28.8	147	10:19 +0 dy	15:48 +0 dy
	Turn left (East) onto Hwy 11, follow Hwy 11 out of Red Deer (67 St East to 30 Ave South to 55 St East). Continue on Hwy 11 to Hwy 12.		59.9	207	12:06 +0 dy	19:48 +0 dy
4	Turn right onto Hwy 12 to stay heading East. Follow Hwy 12 to 'Stettler', 50 St.	FRW	21	228	12:45 +0 dy	21:12 +0 dy
	Turn left (North) onto 50 St (also Hwy 56). Follow Hwy 56 out of Stettler (50 St North to 51 Ave East to 46 St North curving East to Hwy 56). Continue on Hwy 56 North to Hwy 13.		75	303	15:06 +0 dy	2:12 +0 dy
5	Turn left (North-West) and travel to 'Camrose', 51 St/Hwy 833.	FHRW	8.9	312	15:22 +0 dy	2:47 +0 dy
	Turn right (North), follow Hwy 833 (turn left on 51 Ave, then right on 53 St to leave Camrose), travel to Hwy 617		19.9	332	16:00 +0 dy	4:07 +0 dy
	Turn left (West), travel to Hwy 623/Rollyview Rd		4.9	337	16:09 +0 dy	4:26 +0 dy
	Turn right (North), follow Rollyview Rd past Miquelon Lk Prov Pk, curving east, to Hwy 814		39.3	376	17:22 +0 dy	7:03 +1 dy
	Turn right (North), travel through Beaumont to Ellerslie Rd		19.4	395	17:59 +0 dy	8:21 +1 dy
	Turn left (West), travel to 66 St.		1.6	397	18:02 +0 dy	8:27 +1 dy
	Turn right (North) travel to 23 Ave and Finish		3.5	401	18:17 +0 dy	9:00 +1 dy
F	Finish: 'Millwoods Town Centre'	FRW	0	401	18:17 +0 dy	9:00 +1 dy