

**STORM 1000**

		Total Distance:	1019.8600000000001 KM	Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water		
		Nominal Distance:	1000 KM			
		Start Time:	05:00			
		Time Limit:	03:00 + 3 dy (75 h)			
Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumulative Distance (KM)	Opening Time	Closing Time
S	Start of route, 'Canmore'		0	0	5:00 +0 dy	6:00 +0 dy
	Slight left onto Rocky Mountain Legacy Trail		00.41	0	5:00 +0 dy	6:01 +0 dy
	Continue onto Banff Legacy Trail		4.48	5	5:08 +0 dy	6:14 +0 dy
	Continue onto Banff Ave		13.01	18	5:31 +0 dy	6:53 +0 dy
	Turn right toward Banff Ave		2.63	21	5:36 +0 dy	7:01 +0 dy
	Turn left onto Banff Ave		00.01	21	5:36 +0 dy	7:01 +0 dy
	Turn right onto Elk St		1.46	22	5:38 +0 dy	7:06 +0 dy
	Continue onto Railway Ave		00.44	22	5:39 +0 dy	7:07 +0 dy
	Turn right onto Mt Norquay Rd (signs for Alberta 1/Trans-Canada Highway)		00.21	23	5:39 +0 dy	7:07 +0 dy
	Turn left onto Vermilion Lakes Rd		00.66	23	5:41 +0 dy	7:09 +0 dy
	Continue onto Legacy Trail		4.3	28	5:48 +0 dy	7:22 +0 dy
	Merge onto Bow Valley Pkwy/AB-1A W		1.94	30	5:52 +0 dy	7:28 +0 dy
	Turn left onto Banff-Windermere Parkway		24	54	6:34 +0 dy	8:40 +0 dy
1	Control: 'Radium Hot Springs'. At the roundabout, take the 3rd exit onto BC-93/BC-95		105.15	159	9:40 +0 dy	15:34 +0 dy
	Turn right onto Stoddart Creek Rd		7.24	166	9:52 +0 dy	16:03 +0 dy
	Turn right onto BC-93 S/BC-95 S		00.4	166	9:53 +0 dy	16:05 +0 dy
	Keep left to continue on Columbia Lake Rd		35.77	202	10:56 +0 dy	18:28 +0 dy
	Sharp left onto BC-93 S/BC-95 S		00.36	202	10:57 +0 dy	18:29 +0 dy
	Continue straight onto Kimberley Hwy/BC-95A (signs for British Columbia 95 Alternate)		59.7	262	12:49 +0 dy	22:28 +0 dy
2	Turn left onto 'Kimberley' Hwy/Wallinger Ave/BC-95A		27.76	290	13:41 +0 dy	0:19 +0 dy
	Turn left onto Marsden St		2.22	292	13:45 +0 dy	0:28 +0 dy
	Turn right onto Montgomery Ave		00.12	292	13:45 +0 dy	0:29 +0 dy
	Slight right to stay on Montgomery Ave		1.16	293	13:48 +0 dy	0:33 +0 dy
	Turn left onto Caldwell St		00.17	294	13:48 +0 dy	0:34 +0 dy
	Turn left onto Kimberley Hwy/Warren Ave/BC-95A		00.14	294	13:48 +0 dy	0:34 +0 dy
3	Control: 'Cranbrook' Merge onto BC-3 E/BC-95 N		25.22	319	14:35 +0 dy	2:15 +0 dy
4	Control: 'Fernie'		93.54	413	17:32 +0 dy	8:30 +1 dy
	Continue onto Crowsnest Hwy/AB-3 E		48.72	461	19:10 +0 dy	11:44 +1 dy
	Turn right onto AB-6 S (signs for Pincher Creek/Waterton Park)		62.02	523	21:14 +0 dy	15:52 +1 dy
	At the roundabout, take the 3rd exit and stay on AB-6 S		2.85	526	21:20 +0 dy	16:04 +1 dy
	Turn right onto AB-5 W		47.9	574	22:55 +0 dy	19:15 +1 dy
	Turn left onto Firgrove/Mt View Rd		8.64	583	23:13 +0 dy	19:50 +1 dy
	Turn right onto Harebell Rd		00.45	583	23:14 +0 dy	19:52 +1 dy
5	Control: 'Waterton National Park' Turn left onto Mt View Rd		00.06	583	23:14 +0 dy	19:52 +1 dy
	Turn right onto AB-5 E		00.45	584	23:15 +0 dy	19:54 +1 dy
	Turn left onto AB-6 N		8.64	592	23:32 +0 dy	20:28 +1 dy
6	Control: 'Pincher Creek' At the roundabout, take the 1st exit and stay on AB-6 N		47.8	640	1:13 +0 dy	0:30 +1 dy
	Turn right onto AB-3 E (signs for Fort Macleod/Crowsnest Highway)		2.85	643	1:19 +0 dy	0:45 +1 dy
	Turn right		12.04	655	1:45 +0 dy	1:48 +1 dy
	Turn right onto Crowsnest Hwy/AB-3 E		00.46	655	1:46 +0 dy	1:50 +1 dy
7	Control: 'Ft. Macleod' Turn left onto 3 Ave		34.88	690	3:01 +0 dy	4:53 +1 dy
	Turn left at the 2nd cross street onto AB-2 N/AB-3 W		00.18	690	3:01 +0 dy	4:54 +1 dy
	Take the AB-2 N ramp to Calgary		2.7	693	3:07 +0 dy	5:09 +2 dy
	Continue onto AB-2 N		00.76	694	3:09 +0 dy	5:12 +2 dy

	Take exit 194B for AB-23 W toward High River		103.3	797	6:50 +1 dy	14:15 +2 dy
	Merge onto 12 Ave SE/â€‹AB-23/â€‹AB-2A N		00.29	797	6:51 +1 dy	14:16 +2 dy
8	Control: 'High River' At the roundabout, take the 1st exit onto Centre St SE/â€‹AB-2A S		3.17	801	6:57 +1 dy	14:33 +2 dy
	Turn left onto AB-543 W		3.57	804	7:05 +1 dy	14:52 +2 dy
	Turn left onto AB-22 (signs for Longview/â€‹Coleman)		24.78	829	7:58 +1 dy	17:02 +2 dy
9	Control: 'Longview' Turn right onto AB-541		7.33	836	8:14 +1 dy	17:40 +2 dy
	Continue onto Kananaskis Trail, 40		43.19	880	9:46 +1 dy	21:27 +2 dy
	Turn left		11.8	891	10:12 +1 dy	22:29 +2 dy
	Keep right		11.85	903	10:37 +1 dy	23:31 +2 dy
	Continue onto Highway 40, 40		00.46	904	10:38 +1 dy	23:34 +2 dy
	Turn left		21.87	926	11:25 +1 dy	1:29 +2 dy
	Turn right onto Pocaterra - Packers to Tyrwhitt		00.61	926	11:26 +1 dy	1:32 +2 dy
	Keep right onto Pocaterra		5.1	931	11:37 +1 dy	1:58 +2 dy
	Keep right		1.72	933	11:41 +1 dy	2:08 +2 dy
	Continue		00.07	933	11:41 +1 dy	2:08 +2 dy
	Turn right onto Kananaskis Lakes Trail		1.44	934	11:44 +1 dy	2:15 +2 dy
	Turn left		00.78	935	11:46 +1 dy	2:20 +2 dy
	Keep right		00.4	936	11:47 +1 dy	2:22 +2 dy
	Turn left onto Kananaskis Trail, 40		4.13	940	11:55 +1 dy	2:43 +2 dy
10	Control: 'Fortress Junction'		4.24	944	12:05 +1 dy	3:06 +2 dy
	Turn left onto the ramp to Canmore/â€‹Banff		42.41	986	13:35 +1 dy	6:48 +3 dy
	Merge onto Trans-Canada Hwy/â€‹AB-1 W		00.79	987	13:37 +1 dy	6:52 +3 dy
	Take exit 114 toward Seebe/â€‹Exshaw/â€‹Stony Indian Park		2.94	990	13:43 +1 dy	7:08 +3 dy
	Merge onto AB-1X N		00.78	991	13:45 +1 dy	7:12 +3 dy
	Turn left onto Bow Valley Trail/â€‹AB-1A W (signs for Alberta 1A W/â€‹Kananaskis/â€‹Exshaw)		3.57	994	13:53 +1 dy	7:31 +3 dy
	At the roundabout, continue straight to stay on Bow Valley Trail/â€‹AB-1A W		23.07	1018	14:05 +1 dy	8:00 +3 dy
F	End of route, 'Canmore'		2.3	1020	14:05 +1 dy	8:00 +3 dy