

**STORM 1000**

<b>Total Distance:</b>	1019.8600000000001 KM	Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water
<b>Nominal Distance:</b>	1000 KM	
<b>Start Time:</b>	08:00	
<b>Time Limit:</b>	03:00 + 3 dy (75 h)	

Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumulative Distance (KM)	Opening Time	Closing Time
S	Start of route, 'Canmore'		0	0	8:00 +0 dy	9:00 +0 dy
	Slight left onto Rocky Mountain Legacy Trail		00.41	0	8:00 +0 dy	9:01 +0 dy
	Continue onto Banff Legacy Trail		4.48	5	8:08 +0 dy	9:14 +0 dy
	Continue onto Banff Ave		13.01	18	8:31 +0 dy	9:53 +0 dy
	Turn right toward Banff Ave		2.63	21	8:36 +0 dy	10:01 +0 dy
	Turn left onto Banff Ave		00.01	21	8:36 +0 dy	10:01 +0 dy
	Turn right onto Elk St		1.46	22	8:38 +0 dy	10:06 +0 dy
	Continue onto Railway Ave		00.44	22	8:39 +0 dy	10:07 +0 dy
	Turn right onto Mt Norquay Rd (signs for Alberta 1/?Trans-Canada Highway)		00.21	23	8:39 +0 dy	10:07 +0 dy
	Turn left onto Vermilion Lakes Rd		00.66	23	8:41 +0 dy	10:09 +0 dy
	Continue onto Legacy Trail		4.3	28	8:48 +0 dy	10:22 +0 dy
	Merge onto Bow Valley Pkwy/?AB-1A W		1.94	30	8:52 +0 dy	10:28 +0 dy
	Turn left onto Banff-Windermere Parkway		24	54	9:34 +0 dy	11:40 +0 dy
1	Control: 'Radium Hot Springs'. At the roundabout, take the 3rd exit onto BC-93/?BC-95		105.15	159	12:40 +0 dy	18:34 +0 dy
	Turn right onto Stoddart Creek Rd		7.24	166	12:52 +0 dy	19:03 +0 dy
	Turn right onto BC-93 S/?BC-95 S		00.4	166	12:53 +0 dy	19:05 +0 dy
	Keep left to continue on Columbia Lake Rd		35.77	202	13:56 +0 dy	21:28 +0 dy
	Sharp left onto BC-93 S/?BC-95 S		00.36	202	13:57 +0 dy	21:29 +0 dy
	Continue straight onto Kimberley Hwy/?BC-95A (signs for British Columbia 95 Alternate)		59.7	262	15:49 +0 dy	1:28 +0 dy
2	Turn left onto 'Kimberley' Hwy/?Wallinger Ave/?BC-95A		27.76	290	16:41 +0 dy	3:19 +0 dy
	Turn left onto Marsden St		2.22	292	16:45 +0 dy	3:28 +0 dy
	Turn right onto Montgomery Ave		00.12	292	16:45 +0 dy	3:29 +0 dy
	Slight right to stay on Montgomery Ave		1.16	293	16:48 +0 dy	3:33 +0 dy
	Turn left onto Caldwell St		00.17	294	16:48 +0 dy	3:34 +0 dy
	Turn left onto Kimberley Hwy/?Warren Ave/?BC-95A		00.14	294	16:48 +0 dy	3:34 +0 dy
3	Control: 'Cranbrook' Merge onto BC-3 E/?BC-95 N		25.22	319	17:35 +0 dy	5:15 +0 dy
4	Control: 'Fernie'		93.54	413	20:32 +0 dy	11:30 +1 dy
	Continue onto Crowsnest Hwy/?AB-3 E		48.72	461	22:10 +0 dy	14:44 +1 dy
	Turn right onto AB-6 S (signs for Pincher Creek/?Waterton Park)		62.02	523	0:14 +0 dy	18:52 +1 dy
	At the roundabout, take the 3rd exit and stay on AB-6 S		2.85	526	0:20 +0 dy	19:04 +1 dy
	Turn right onto AB-5 W		47.9	574	1:55 +0 dy	22:15 +1 dy
	Turn left onto Firgrove/?Mt View Rd		8.64	583	2:13 +0 dy	22:50 +1 dy
	Turn right onto Harebell Rd		00.45	583	2:14 +0 dy	22:52 +1 dy
5	Control: 'Waterton National Park' Turn left onto Mt View Rd		00.06	583	2:14 +0 dy	22:52 +1 dy
	Turn right onto AB-5 E		00.45	584	2:15 +0 dy	22:54 +1 dy
	Turn left onto AB-6 N		8.64	592	2:32 +0 dy	23:28 +1 dy
6	Control: 'Pincher Creek' At the roundabout, take the 1st exit and stay on AB-6 N		47.8	640	4:13 +0 dy	3:30 +1 dy
	Turn right onto AB-3 E (signs for Fort Macleod/?Crowsnest Highway)		2.85	643	4:19 +0 dy	3:45 +1 dy
	Turn right		12.04	655	4:45 +0 dy	4:48 +1 dy
	Turn right onto Crowsnest Hwy/?AB-3 E		00.46	655	4:46 +0 dy	4:50 +1 dy
7	Control: 'Ft. Macleod' Turn left onto 3 Ave		34.88	690	6:01 +0 dy	7:53 +1 dy
	Turn left at the 2nd cross street onto AB-2 N/?AB-3 W		00.18	690	6:01 +0 dy	7:54 +1 dy
	Take the AB-2 N ramp to Calgary		2.7	693	6:07 +0 dy	8:09 +2 dy
	Continue onto AB-2 N		00.76	694	6:09 +0 dy	8:12 +2 dy

	Take exit 194B for AB-23 W toward High River		103.3	797	9:50 +1 dy	17:15 +2 dy
	Merge onto 12 Ave SE/?AB-23/?AB-2A N		00.29	797	9:51 +1 dy	17:16 +2 dy
8	Control: 'High River' At the roundabout, take the 1st exit onto Centre St SE/?AB-2A S		3.17	801	9:57 +1 dy	17:33 +2 dy
	Turn left onto AB-543 W		3.57	804	10:05 +1 dy	17:52 +2 dy
	Turn left onto AB-22 (signs for Longview/?Coleman)		24.78	829	10:58 +1 dy	20:02 +2 dy
9	Control: 'Longview' Turn right onto AB-541		7.33	836	11:14 +1 dy	20:40 +2 dy
	Continue onto Kananaskis Trail, 40		43.19	880	12:46 +1 dy	0:27 +2 dy
	Turn left		11.8	891	13:12 +1 dy	1:29 +2 dy
	Keep right		11.85	903	13:37 +1 dy	2:31 +2 dy
	Continue onto Highway 40, 40		00.46	904	13:38 +1 dy	2:34 +2 dy
	Turn left		21.87	926	14:25 +1 dy	4:29 +2 dy
	Turn right onto Pocaterra - Packers to Tyrwhitt		00.61	926	14:26 +1 dy	4:32 +2 dy
	Keep right onto Pocaterra		5.1	931	14:37 +1 dy	4:58 +2 dy
	Keep right		1.72	933	14:41 +1 dy	5:08 +2 dy
	Continue		00.07	933	14:41 +1 dy	5:08 +2 dy
	Turn right onto Kananaskis Lakes Trail		1.44	934	14:44 +1 dy	5:15 +2 dy
	Turn left		00.78	935	14:46 +1 dy	5:20 +2 dy
	Keep right		00.4	936	14:47 +1 dy	5:22 +2 dy
	Turn left onto Kananaskis Trail, 40		4.13	940	14:55 +1 dy	5:43 +2 dy
10	Control: 'Fortress Junction'		4.24	944	15:05 +1 dy	6:06 +2 dy
	Turn left onto the ramp to Canmore/?Banff		42.41	986	16:35 +1 dy	9:48 +3 dy
	Merge onto Trans-Canada Hwy/?AB-1 W		00.79	987	16:37 +1 dy	9:52 +3 dy
	Take exit 114 toward Seebe/?Exshaw/?Stony Indian Park		2.94	990	16:43 +1 dy	10:08 +3 dy
	Merge onto AB-1X N		00.78	991	16:45 +1 dy	10:12 +3 dy
	Turn left onto Bow Valley Trail/?AB-1A W (signs for Alberta 1A W/?Kananaskis/?Exshaw)		3.57	994	16:53 +1 dy	10:31 +3 dy
	At the roundabout, continue straight to stay on Bow Valley Trail/?AB-1A W		23.07	1018	17:05 +1 dy	11:00 +3 dy
F	End of route, 'Canmore'		2.3	1020	17:05 +1 dy	11:00 +3 dy