TORA 1000

Total Distance:	1005.7 KM
Nominal Distance:	1000 KM
Start Time:	04:00
Time Limit:	03:00 + 3 dy (75 h)

Services: F=Food Store, H=Hotel/Motel
R=Restaurant, W=Water

Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumu-lative Distance (KM)	Opening Time	Closing Time
S	Start: 'Cochrane'	FWHR	0	0	4:00 +0 dy	5:00 +0 dy
	Travel to Hwy 1A		00.9	1	4:01 +0 dy	5:02 +0 dy
1	Turn left (West), follow Hwy 1A/Bow Valley Trail to 'Canmore'	FWHR	74.6	76	6:13 +0 dy	9:02 +0 dy
	Continue through Canmore on the Bow Valley Trail, merging onto Hwy 1 (Trans-Canada) heading West. Continue West to Banff/Minnewanka Loop Exit		18.4	94	6:45 +0 dy	10:15 +0 dy
	Exit right (North), follow Lake Minnewanka Scenic Dr. around clockwise. Loop is approx. 14 km. When you get to the end of the loop, turn left to head back towards Hwy 1.		14.9	109	7:12 +0 dy	11:15 +0 dy
	Exit right (West) and merge onto Hwy 1. Travel to Hwy 1A/Bow Valley Pkwy exit		9.7	119	7:29 +0 dy	11:54 +0 dy
2	Exit right (West), follow Hwy 1A/Bow Valley Pkwy to 'Castle Junction'	FWRH	24	143	8:11 +0 dy	13:30 +0 dy
3	Continue Northwest on Hwy 1A/Box Valley Pkwy to 'Lake Louise'	FWRH	26.7	169	8:58 +0 dy	15:16 +0 dy
	Cross back over Hwy 1, then turn left (Northwest) to merge onto Hwy 1. After approx. 2.5 km, exit right (North) onto Hwy 93/Icefields Pkwy.		3.2	172	9:04 +0 dy	15:29 +0 dy
4	Follow Hwy 93/Icefields Pkwy to 'Saskatchewan River Crossing' (north of Hwy 11 Jct)	FWRH	75.8	248	11:23 +0 dy	20:32 +0 dy
5	Continue North on Hwy 93 to 'Jasper'	FWRH	153	401	16:10 +0 dy	6:44 +1 dy
6	Exit Jasper North onto Hwy 16/Yellowhead Hwy. Travel North/West to 'Hinton'	FWRH	78.9	480	18:48 +0 dy	12:00 +1 dy
7	Continue West on Hwy 16/Yellowhead Hwy to 'Edson'	FWRH	87	567	21:42 +0 dy	17:48 +1 dy
	Continue West on Hwy 16/Yellowhead Hwy to Hwy 31		113	680	1:39 +0 dy	3:00 +1 dy
8	Exit right (South), travel to 'Seba Beach'	FWRH	3.2	683	1:46 +0 dy	3:17 +1 dy
	Continue South on Hwy 31, which turns into Hwy 759. Travel to Hwy 624 (approx 3.2 km south of Tomahawk)		22	705	2:33 +0 dy	5:12 +2 dy
	Turn right (West), travel to Hwy 22		14.3	720	3:04 +0 dy	6:27 +2 dy
9	Turn left (South), travel to 'Drayton Valley'	FWRH	16.7	736	3:40 +0 dy	7:55 +2 dy
10	Follow Hwy 22 South, curving East. Stay on Hwy 22 when it turns South (do not go straight onto Hwy 39) - Follow signs to 'Rocky Mountain House'	FWRH	109	845	7:33 +1 dy	17:27 +2 dy
	Continue South on Hwy 22, it will curve East; turn right (South) to stay on Hwy 22 (don't go straight onto Hwy 11)		8.4	854	7:51 +1 dy	18:11 +2 dy
11	Continue South on Hwy 22. Turn left (East) when Hwy 22 merges with Hwy 54, then after 13 km, turn right (South) to stay on Hwy 22. Continue on Hwy 22 to 'Sundre'	FWRH	71.6	925	10:25 +1 dy	0:27 +2 dy
	Stay on Hwy 22 (turn left (East) onto Sundre Main Ave./Hwy 27), then after 12.5 km, turn right (South) to stay on Hwy 22. Follow Hwy 22 to finish		80.4	1006	13:05 +1 dy	7:00 +3 dy
F	Finish: 'Cochrane'	FWRH	0	1006	13:05 +1 dy	7:00 +3 dy