

**Border 200**

		<b>Total Distance:</b>	207.60000000000002 KM		Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water	
		<b>Nominal Distance:</b>	200 KM			
		<b>Start Time:</b>	08:00			
		<b>Time Limit:</b>	13:30 + 0 dy (13.5 h)			
<b>Ctrl #</b>	<b>Directions</b>	<b>Services Available</b>	<b>Interval Distance (KM)</b>	<b>Cumulative Distance (KM)</b>	<b>Opening Time</b>	<b>Closing Time</b>
S	Start: 'Tim Hortons' NW corner of 43 St S & 4 Ave S, Lethbridge	FRW	0	0	8:00 +0 dy	9:00 +0 dy
	Head South on 43 St to Hwy 4		2.9	3	8:05 +0 dy	9:08 +0 dy
	Turn left (East), travel to Hwy 61/Hwy 846		25.5	28	8:50 +0 dy	10:25 +0 dy
1	Turn right (South), follow into 'Stirling'. Turn right at 4 Ave, checkpoint at Side Street Market between 2 St and 3 St		2.8	31	8:55 +0 dy	10:33 +0 dy
	Return to Hwy 4 via 4 Ave/Twp Rd 64A		1.4	33	8:57 +0 dy	10:37 +0 dy
2	Turn right, travel to 'Milk River'. Head into town, gas station at north end of town on Railway St.	FW	50.2	83	10:26 +0 dy	13:31 +0 dy
3	Head South on Railway St and return to Hwy 4 South. Continue to the 'Canada/USA border'	FW	21	104	11:03 +0 dy	14:55 +0 dy
4	Turn around, return to 'Milk River'	FW	21	125	11:40 +0 dy	16:19 +0 dy
	Continue North on Hwy 4 to Twp Rd 64A		50.2	175	13:08 +0 dy	19:40 +0 dy
5	Turn left (West) into 'Stirling'	FW	1.4	176	13:11 +0 dy	19:45 +0 dy
	Return East to Hwy 846/1 St		00.4	177	13:12 +0 dy	19:47 +0 dy
	Turn left (North), travel to Hwy 4		2.4	179	13:16 +0 dy	19:56 +0 dy
	Turn left (North-West), travel to Lethbridge, 43 St		25.5	205	13:57 +0 dy	21:30 +0 dy
	Turn right (North), travel to finish		2.9	208	13:57 +0 dy	21:30 +0 dy
F	Finish: 'Tim Hortons'	FRW	0	208	13:57 +0 dy	21:30 +0 dy