

Standoff Loop 200

		Total Distance:	201.4999999999997 KM		Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water	
		Nominal Distance:	200 KM			
		Start Time:	08:00			
		Time Limit:	13:30 + 0 dy (13.5 h)			
Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumulative Distance (KM)	Opening Time	Closing Time
S	Start: 'Tim Hortons' NW corner of 43 St S & 4 Ave S, Lethbridge	FRW	0	0	8:00 +0 dy	9:00 +0 dy
	Head South on 43 St to Hwy 4		2.9	3	8:05 +0 dy	9:08 +0 dy
	Turn right (West), travel to Hwy 5/Mayor Magrath Dr		1.4	4	8:07 +0 dy	9:12 +0 dy
	Turn left (South), travel to Hwy 62		31	35	9:02 +0 dy	10:45 +0 dy
1	Turn left (South), follow Hwy 62/N 1 St W into 'Magrath'		1.5	37	9:04 +0 dy	10:50 +0 dy
	Return to Hwy 5 as above		1.5	38	9:07 +0 dy	10:54 +0 dy
	Turn left (South-West), travel to Hwy 2		40.7	79	10:19 +0 dy	13:16 +0 dy
2	Turn left (South), travel into 'Cardston'		00.8	80	10:20 +0 dy	13:19 +0 dy
	Return North on Hwy 2 to Hwy 3		59.4	139	12:05 +0 dy	17:16 +0 dy
3	Turn left (North-West) to 'Ft Macleod Petro Canada' (West side of town)		2.8	142	12:10 +0 dy	17:28 +0 dy
	Return by Hwy 3 (Crowsnest Trail) to Lethbridge, University Drive		44.7	187	13:29 +0 dy	20:26 +0 dy
	Take University Drive/Hwy 25 Exit right, travel to Walsh Dr W/Heritage Blvd W		2.5	189	13:33 +0 dy	20:36 +0 dy
	Get to start of cycle path on diagonal (South-East) corner of intersection (NOTE: Google map does not follow cycle path)		0	189	13:33 +0 dy	20:36 +0 dy
	Continue South along cycle path on East side of University Dr		2	191	13:37 +0 dy	20:44 +0 dy
	Stay on path at it curves left to parallel Whoop Up Dr		00.5	192	13:38 +0 dy	20:46 +0 dy
	Cross Oldman River, and up the other side		1.5	193	13:40 +0 dy	20:52 +0 dy
	Cycle path curves to left (North) and becomes Scenic Dr		00.5	194	13:41 +0 dy	20:54 +0 dy
	Follow Scenic Dr North to 4 Ave S		00.5	194	13:42 +0 dy	20:56 +0 dy
	Turn right (East), travel to 13 St S		1.5	196	13:45 +0 dy	21:02 +0 dy
Turn right (South), travel to 10 Ave S		1.2	197	13:47 +0 dy	21:07 +0 dy	
Turn left (East), 10 Ave S becomes S Parkside Dr, continue to 43 St E		3.2	200	13:57 +0 dy	21:30 +0 dy	
Turn left (North) to finish		1.4	202	13:57 +0 dy	21:30 +0 dy	
F	Finish: 'Tim Hortons'		0	202	13:57 +0 dy	21:30 +0 dy