

**Black Diamond Century 160**

<b>Total Distance:</b>	163.70000000000005 KM	Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water
<b>Nominal Distance:</b>	160 KM	
<b>Start Time:</b>	08:00	
<b>Time Limit:</b>		

Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumulative Distance (KM)	Opening Time	Closing Time
S	Start: 'Marda Loop', 20 St SW & 33 Ave SW		0	0	8:00 +0 dy	9:00 +0 dy
	Go south on 20 St SW		2.5	3	8:04 +0 dy	9:07 +0 dy
	Turn left onto 56 Ave SW		00.2	3	8:04 +0 dy	9:08 +0 dy
	Turn right onto 19 St SW		0	3	8:04 +0 dy	9:08 +0 dy
	Turn left onto 56 Ave SW		0	3	8:04 +0 dy	9:08 +0 dy
	Turn left toward Elbow River Pathway		00.3	3	8:05 +0 dy	9:09 +0 dy
	Slight right at 56 Ave SW		00.4	3	8:06 +0 dy	9:10 +0 dy
	Continue onto Elbow River Pathway		00.3	4	8:06 +0 dy	9:11 +0 dy
	Turn right to stay on Glenmore Pathway		1	5	8:08 +0 dy	9:14 +0 dy
	Turn right onto Eagle Ridge Dr SW		00.3	5	8:08 +0 dy	9:15 +0 dy
	Turn right		00.2	5	8:09 +0 dy	9:15 +0 dy
	Turn right at Heritage Park		00.2	5	8:09 +0 dy	9:16 +0 dy
	Turn left		00.9	6	8:11 +0 dy	9:18 +0 dy
	Slight right		00.4	7	8:11 +0 dy	9:20 +0 dy
	Slight left		1.5	8	8:14 +0 dy	9:24 +0 dy
	Turn left		1.6	10	8:17 +0 dy	9:29 +0 dy
	Turn left		4	14	8:24 +0 dy	9:41 +0 dy
	Sharp left onto Bullhead Rd		00.2	14	8:24 +0 dy	9:42 +0 dy
	Turn right onto 37 St SW (signs for 37 Street SW S)		3.1	17	8:30 +0 dy	9:51 +0 dy
	Turn right onto 146 Ave SW		00.5	18	8:31 +0 dy	9:52 +0 dy
	Turn left onto 37 St SW		8.1	26	8:45 +0 dy	10:17 +0 dy
	Turn right onto 226 Ave W		1.6	27	8:48 +0 dy	10:21 +0 dy
	Turn left		2.7	30	8:52 +0 dy	10:30 +0 dy
	Continue onto 112th St SW		5.9	36	9:03 +0 dy	10:47 +0 dy
	Continue onto 112 St W		2.7	39	9:08 +0 dy	10:55 +0 dy
	Turn left onto AB-549 E		8.1	47	9:22 +0 dy	11:20 +0 dy
	Turn right to stay on AB-549 E		6.2	53	9:33 +0 dy	11:38 +0 dy
	Turn right onto Northridge Dr S/AB-2A S		00.1	53	9:33 +0 dy	11:39 +0 dy
	Turn right onto Riverside Dr		0	53	9:33 +0 dy	11:39 +0 dy
	Turn left onto Hemus Parkway		00.6	54	9:34 +0 dy	11:40 +0 dy
	Turn right onto Southridge Dr/AB-2A S		2.1	56	9:38 +0 dy	11:47 +0 dy
	Turn right onto AB-7 W (signs for Black Diamond/Turner Valley)		19.3	75	10:12 +0 dy	13:00 +0 dy
	Continue onto Centre Ave W/Cowboy Trail N/AB-22 (signs for AB-546)		4	79	10:19 +0 dy	13:16 +0 dy
	Turn right onto Cowboy Trail N/Main St NW/AB-22		11.3	90	10:39 +0 dy	14:01 +0 dy
	Turn left onto AB-549 W (signs for Mclean Creek Trail/Kananaskis Country/Bragg Creek)		2.9	93	10:44 +0 dy	14:12 +0 dy
	Turn left		00.1	93	10:44 +0 dy	14:13 +0 dy
	Turn left onto AB-549 W		7.8	101	10:58 +0 dy	14:44 +0 dy
	Turn right onto AB-762 N		22.2	123	11:37 +0 dy	16:13 +0 dy
	Turn left onto Cowboy Trail N/AB-22 (signs for AB-66 W/Trans Canada Highway)		00.3	124	11:38 +0 dy	16:14 +0 dy
	Turn right to stay on Cowboy Trail N/AB-22 (signs for Trans Canada Highway/Alberta 1)		14	138	12:02 +0 dy	17:10 +0 dy
	At the roundabout, take the 1st exit onto AB-8 E		18.7	156	12:35 +0 dy	18:25 +0 dy
	Slight right to stay on Glenmore Trail SW/AB-8 E		00.9	157	12:37 +0 dy	18:28 +0 dy
	Turn left onto 69 St SW N		00.3	158	12:37 +0 dy	18:30 +0 dy

	Turn right onto Lower Springbank Rd SW		00.4	158	12:38 +0 dy	18:31 +0 dy
	Turn left		00.3	158	12:39 +0 dy	18:32 +0 dy
	Turn right toward Sierra Morena Blvd SW		00.5	159	12:40 +0 dy	18:34 +0 dy
	Turn right onto Sierra Morena Blvd SW		0	159	12:40 +0 dy	18:34 +0 dy
	Turn left onto Richmond Rd SW E		3.3	162	12:42 +0 dy	18:40 +0 dy
	Richmond Rd SW turns slightly right and becomes 32 Ave SW E		00.2	162	12:42 +0 dy	18:40 +0 dy
	Continue onto 33 Ave SW E		1.5	164	12:42 +0 dy	18:40 +0 dy
F	Finish: 'Marda Loop', 20 St SW & 33 Ave SW		0	164	12:42 +0 dy	18:40 +0 dy