Hilly Hundred 100

Total Distance:	99.49999999999996 KM
Nominal Distance:	100 KM
Start Time:	08:00
Time Limit:	

Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water

Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumu-lative Distance (KM)	Opening Time	Closing Time
S	'Starbucks', 22 St SW & 34 Ave SW		0	0	8:00 +0 dy	9:00 +0 dy
	Head South on Garrison Gate SW		00.1	0	8:00 +0 dy	9:00 +0 dy
	Continue onto Garrison Square SW		00.1	0	8:00 +0 dy	9:00 +0 dy
	Turn right onto Garrison Blvd SW		00.5	1	8:01 +0 dy	9:02 +0 dy
	Enter the roundabout		0	1	8:01 +0 dy	9:02 +0 dy
	Exit the roundabout onto Moreuil Wood Dr SW/Passchendaele Rd SW		00.5	1	8:02 +0 dy	9:03 +0 dy
	Turn right onto Quentin St SW		00.1	1	8:02 +0 dy	9:03 +0 dy
	Turn left onto Quentin Ave SW		00.1	1	8:02 +0 dy	9:04 +0 dy
	Turn right onto 20 St SW		1.2	3	8:04 +0 dy	9:07 +0 dy
	Turn right onto 19 St SW		0	3	8:04 +0 dy	9:07 +0 dy
	Turn left onto 56 Ave SW		00.3	3	8:05 +0 dy	9:08 +0 dy
	Turn right toward Elbow River Pathway		00.4	3	8:05 +0 dy	9:09 +0 dy
	Continue onto Elbow River Pathway		00.3	4	8:06 +0 dy	9:10 +0 dy
	Continue onto Glenmore Pathway		00.6	4	8:07 +0 dy	9:12 +0 dy
	Turn right to stay on Glenmore Pathway		1	5	8:09 +0 dy	9:15 +0 dy
	Turn right onto Eagle Ridge Dr SW		00.3	6	8:09 +0 dy	9:16 +0 dy
	Turn right		00.2	6	8:10 +0 dy	9:17 +0 dy
	Turn right at Heritage Park		00.2	6	8:10 +0 dy	9:17 +0 dy
	Turn left		00.9	7	8:12 +0 dy	9:20 +0 dy
	Slight right		00.4	7	8:12 +0 dy	9:21 +0 dy
	Slight left		2.9	10	8:17 +0 dy	9:30 +0 dy
	Turn left		3.7	14	8:24 +0 dy	9:41 +0 dy
	Turn left		0	14	8:24 +0 dy	9:41 +0 dy
	Turn right onto Anderson Rd SW W		0	14	8:24 +0 dy	9:41 +0 dy
	Continue onto 37 St SW		1.3	15	8:26 +0 dy	9:45 +0 dy
	Slight left toward 37 St SW		00.1	15	8:26 +0 dy	9:45 +0 dy
	Turn right onto 37 St SW		00.6	16	8:27 +0 dy	9:47 +0 dy
	Turn left onto 130 Ave SW		0	16	8:27 +0 dy	9:47 +0 dy
	Turn left onto 37 St SW		1.7	18	8:30 +0 dy	9:52 +0 dy
	Turn right onto 146 Ave SW		00.5	18	8:31 +0 dy	9:54 +0 dy
	Turn left onto 37 St SW		8.1	26	8:46 +0 dy	10:18 +0 dy
	Turn right onto 226 Ave W		1.6	28	8:48 +0 dy	10:23 +0 dy
	Turn left		2.7	30	8:53 +0 dy	10:31 +0 dy
	Continue onto 112th St SW		5.9	36	9:04 +0 dy	10:48 +0 dy
	Continue onto 112 St W		2.7	39	9:08 +0 dy	10:57 +0 dy
	Turn right onto AB-549 W		9.7	49	9:25 +0 dy	11:26 +0 dy
	Turn right onto Range Rd 30		3.2	52	9:31 +0 dy	11:35 +0 dy
	Turn left onto 274 Ave/Township Rd 214		3.2	55	9:37 +0 dy	11:45 +0 dy
	Turn right onto 224 St W/Priddis Valley Rd		10	65	9:54 +0 dy	12:20 +0 dy
	Turn right onto Cowboy Trail S/AB-22		1.6	67	9:57 +0 dy	12:26 +0 dy
	Continue onto AB-22X E		11.3	78	10:17 +0 dy	13:12 +0 dy
	Turn left onto 37 St SW		3.3	81	10:23 +0 dy	13:25 +0 dy
	Turn right onto 146 Ave SW		00.4	82	10:24 +0 dy	13:26 +0 dy
	Slight left to stay on 146 Ave SW		00.1	82	10:24 +0 dy	13:27 +0 dy
	Turn left onto 37 St SW		00.8	83	10:25 +0 dy	13:30 +0 dy
	Continue onto Fish Creek Blvd		0	83	10:25 +0 dy	13:30 +0 dy

	Continue onto 37 St SW		3.1	86	10:31 +0 dy	13:42 +0 dy
	Turn left at Anderson Rd SW/Bullhead Rd		00.1	86	10:31 +0 dy	13:43 +0 dy
	Turn right		3.7	90	10:37 +0 dy	13:58 +0 dy
	Turn right		3.1	93	10:43 +0 dy	14:10 +0 dy
	Slight left		00.6	93	10:44 +0 dy	14:12 +0 dy
	Slight left toward Eagle Ridge Dr SW		00.3	94	10:45 +0 dy	14:13 +0 dy
	Turn right toward Eagle Ridge Dr SW		00.2	94	10:45 +0 dy	14:14 +0 dy
	Turn left at Heritage Park		00.2	94	10:45 +0 dy	14:15 +0 dy
	Turn left onto Eagle Ridge Dr SW		00.3	94	10:46 +0 dy	14:16 +0 dy
	Turn left onto Glenmore Pathway		1	95	10:48 +0 dy	14:20 +0 dy
	Turn left to stay on Glenmore Pathway		00.6	96	10:49 +0 dy	14:23 +0 dy
	Continue onto Elbow River Pathway		00.3	96	10:49 +0 dy	14:24 +0 dy
	Slight left toward 56 Ave SW		00.4	97	10:50 +0 dy	14:25 +0 dy
	Slight left at 56 Ave SW		00.3	97	10:50 +0 dy	14:27 +0 dy
	Turn right onto 56 Ave SW		0	97	10:50 +0 dy	14:27 +0 dy
	Turn right onto 19 St SW		00.4	97	10:51 +0 dy	14:28 +0 dy
	Turn left onto 52 Ave SW		00.2	97	10:51 +0 dy	14:29 +0 dy
	Turn right onto 20 St SW		1.6	99	10:54 +0 dy	14:35 +0 dy
	Turn left toward Marda Link SW		00.1	99	10:54 +0 dy	14:36 +0 dy
	Turn right toward Marda Link SW		00.1	99	10:55 +0 dy	14:36 +0 dy
	Turn left onto Marda Link SW		00.1	99	10:55 +0 dy	14:37 +0 dy
	Turn right, follow road to finish		00.2	100	10:55 +0 dy	14:37 +0 dy
F	'Starbucks', 22 St SW & 34 Ave SW		0	100	10:55 +0 dy	14:37 +0 dy