

Rocky Mountain House 400

		Total Distance:	412.1700000000002 KM		Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water	
		Nominal Distance:	400 KM			
		Start Time:	06:00			
		Time Limit:	03:00 + 1 dy (27 h)			
Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumulative Distance (KM)	Opening Time	Closing Time
S	'Country Hills A&W'		0	0	6:00 +0 dy	7:00 +0 dy
	Continue onto Country Hills Blvd NE		00.2	0	6:00 +0 dy	7:00 +0 dy
	Right on Harvest Hills Blvd N N		00.6	1	6:01 +0 dy	7:02 +0 dy
	Turn right onto Yankee Valley Blvd		13.1	14	6:24 +0 dy	7:41 +0 dy
	Turn left onto 8 St SW		3.2	17	6:30 +0 dy	7:51 +0 dy
	Turn right onto Veterans Blvd		3.2	20	6:35 +0 dy	8:00 +0 dy
	Left onto Dickson Stevenson Trail		00.9	21	6:37 +0 dy	8:03 +0 dy
	Turn left onto AB-2A N		10	31	6:55 +0 dy	8:33 +0 dy
	CROSSFIELD on the Left		4.4	36	7:02 +0 dy	8:46 +0 dy
	Continue on 2A N to CARSTAIRS		18	54	7:34 +0 dy	9:40 +0 dy
1	Turn left onto AB-27 W Checkpoint at 'Olds'		25.9	80	8:20 +0 dy	11:18 +0 dy
	Turn right onto AB-22 N SUNDRE		37.8	117	9:27 +0 dy	13:49 +0 dy
2	Turn right onto AB-22 W Checkpoint at 'Caroline'		36.6	154	10:31 +0 dy	16:15 +0 dy
	Turn right onto AB-22 N		13	167	10:54 +0 dy	17:07 +0 dy
	Turn left onto AB-11 W/AB-22 (signs for Rocky Mountain House)		25.1	192	11:38 +0 dy	18:48 +0 dy
3	CHECK POINT at TIM HORTON' S 'Rocky Mountain House'		7.5	200	11:52 +0 dy	19:18 +0 dy
	Turn right toward AB-11 E/AB-22		00.2	200	11:52 +0 dy	19:18 +0 dy
4	Turn right onto 50 St/AB-781 S Checkpoint 'Sylvan Lake'		59.3	259	13:43 +0 dy	23:16 +0 dy
	Turn left onto AB-54 E		25	284	14:30 +0 dy	0:56 +0 dy
	Turn left onto Lakewood Dr/ 50 St.		13.3	297	14:55 +0 dy	1:49 +0 dy
	Turnright onto 53 St		2.5	300	15:00 +0 dy	1:59 +0 dy
	Turn right onto Woodland Rd		1.5	301	15:02 +0 dy	2:05 +0 dy
	Turn right onto 42 Ave		1	302	15:04 +0 dy	2:09 +0 dy
	Turn right onto Cottonwood Rd		1.1	303	15:06 +0 dy	2:13 +0 dy
	Continue onto Township Rd 352		00.6	304	15:07 +0 dy	2:16 +0 dy
	Turn left onto Range Rd 10/Township Rd 350		1.47	305	15:10 +0 dy	2:21 +0 dy
	Turn left onto Range Rd 11		4.7	310	15:19 +0 dy	2:40 +0 dy
	Turn right onto Hwy 587		3.6	314	15:26 +0 dy	2:55 +0 dy
	Turn left onto 22 St. BOWDEN		00.1	314	15:26 +0 dy	2:55 +0 dy
	Turn right onto Hwy 2A		00.1	314	15:26 +0 dy	2:55 +0 dy
5	Turn right onto 46 St 'Olds'		18	332	16:00 +0 dy	4:07 +0 dy
	Turn right onto AB-2A S		2.5	334	16:05 +0 dy	4:17 +0 dy
	Turn right onto Dickson Stevenson Trail		46.3	381	17:31 +0 dy	7:23 +1 dy
	Turn right onto Veterans Blvd		10	391	17:50 +0 dy	8:03 +1 dy
	Turn left onto 8 St W		00.8	392	17:52 +0 dy	8:06 +1 dy
	Turn right onto Yankee Valley Blvd		3.2	395	17:58 +0 dy	8:19 +1 dy
	Turn left onto RR13/Centre St/Harvest Hills Blvd		3.2	398	18:04 +0 dy	8:31 +1 dy
	Continue onto Country Hills Blvd		13.3	411	18:17 +0 dy	9:00 +1 dy
	Turn left		00.8	412	18:17 +0 dy	9:00 +1 dy
	Turn left		00.1	412	18:17 +0 dy	9:00 +1 dy
F	'Country Hills A&W'		0	412	18:17 +0 dy	9:00 +1 dy