

Nakiska Ski Lodge 200

		Total Distance:	201.8299999999996 KM		Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water	
		Nominal Distance:	200 KM			
		Start Time:	08:00			
		Time Limit:	13:30 + 0 dy (13.5 h)			
Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumulative Distance (KM)	Opening Time	Closing Time
S	Start of route, 'Rocky Ridge Centre, 2002, 11595 Rockyvalley Drive NW'		0	0	8:00 +0 dy	9:00 +0 dy
	Turn right		00.03	0	8:00 +0 dy	9:00 +0 dy
	Turn slight left		00.01	0	8:00 +0 dy	9:00 +0 dy
	Turn left onto Rockyvalley Drive NW		00.06	0	8:00 +0 dy	9:00 +0 dy
	Turn right onto Twelve Mile Coulee Road NW		00.12	0	8:00 +0 dy	9:00 +0 dy
	Turn left onto Bearspaw Rd/Range Rd 30		4.3	5	8:07 +0 dy	9:13 +0 dy
	Turn right onto Bow Valley Trail/AB-1A W		1.87	6	8:11 +0 dy	9:19 +0 dy
1	Control 1: 'Ghost Dam Store' on the left. (if store is closed take selfie and continue)		29.91	36	9:04 +0 dy	10:48 +0 dy
	Turn left onto AB-1X S (signs for Seebe)		35.47	72	10:06 +0 dy	12:47 +0 dy
	Take the ramp to Calgary		4.23	76	10:14 +0 dy	13:04 +0 dy
	Merge onto Trans-Canada Hwy/AB-1 E		00.43	76	10:14 +0 dy	13:05 +0 dy
	Keep right		3.52	80	10:21 +0 dy	13:19 +0 dy
	Turn right onto Kananaskis Trail/AB-40 S		00.61	81	10:22 +0 dy	13:22 +0 dy
2	Control 2: 'Nakoda Casino' - Esso		00.41	81	10:22 +0 dy	13:23 +0 dy
	Turn right onto Mt Allan Dr		22.44	103	11:02 +0 dy	14:53 +0 dy
3	Control 3: 'Ski Lodge' - Take Selfie		2.26	106	11:06 +0 dy	15:02 +0 dy
	Continue onto Mt Allan Dr		00.18	106	11:06 +0 dy	15:03 +0 dy
	Turn left onto Kananaskis Trail/AB-40 N		2.07	108	11:10 +0 dy	15:11 +0 dy
	Turn right onto the Trans Canada Highway/AB-1 E ramp to Calgary		22.84	131	11:50 +0 dy	16:43 +0 dy
	Merge onto Trans-Canada Hwy/AB-1 E		00.6	131	11:51 +0 dy	16:45 +0 dy
	Take exit 131 toward Morley Road N		12.38	144	12:13 +0 dy	17:34 +0 dy
	Turn left onto Chiniki Lake Rd		00.51	144	12:14 +0 dy	17:36 +0 dy
	Continue onto Alberta 133X/Morley Rd		00.17	144	12:14 +0 dy	17:37 +0 dy
	Turn right onto Bow Valley Trail/AB-1A E		3.78	148	12:21 +0 dy	17:52 +0 dy
	Turn right at the 1st cross street onto 3 Ave		29.58	178	13:13 +0 dy	19:51 +0 dy
4	Control 4: 'Cochrane Subway'		00.03	178	13:13 +0 dy	19:51 +0 dy
	Turn right onto Bow Valley Trail/AB-1A E		00.04	178	13:13 +0 dy	19:51 +0 dy
	Turn left onto Range Rd 40A		3.48	181	13:19 +0 dy	20:05 +0 dy
	Turn right onto Range Rd 40		00.09	181	13:20 +0 dy	20:05 +0 dy
	Turn right onto Township Rd 262		1.8	183	13:23 +0 dy	20:12 +0 dy
	Turn right onto Bearspaw Rd/Range Rd 30		9.73	193	13:40 +0 dy	20:51 +0 dy
	Turn left onto Church Ranches Blvd		4.18	197	13:47 +0 dy	21:08 +0 dy
	Continue onto 12 Mile Coulee Rd NW/Range Rd 25		1.93	199	13:51 +0 dy	21:16 +0 dy
	Turn left onto Rockyvalley Drive NW		2.38	201	13:57 +0 dy	21:30 +0 dy
	Turn right		00.13	202	13:57 +0 dy	21:30 +0 dy
	Keep right		00.04	202	13:57 +0 dy	21:30 +0 dy
	Turn left		00.02	202	13:57 +0 dy	21:30 +0 dy
	Finish: 2002, 11595 Rockyvalley Drive NW Calgary		00.04	202	13:57 +0 dy	21:30 +0 dy
F	End of route, 'Rocky Ridge Centre'		00.16	202	13:57 +0 dy	21:30 +0 dy