Chain Lakes 300

Total Distance:	303.4 KM
Nominal Distance:	300 KM
Start Time:	07:00
Time Limit:	20:00 + 0 dy (20 h)

Services: F=Food Store, H=Hotel/Motel R=Restaurant, W=Water

Ctrl #	Directions	Services Available	Interval Distance (KM)	Cumu-lative Distance (KM)	Opening Time	Closing Time
S	Start: 'Shawnessy Mall'	FWR	0	0	7:00 +0 dy	8:00 +0 dy
	Head South on Shawville Blvd SE to Hwy 22X/Marquis de Lorne Trail		00.4	0	7:00 +0 dy	8:01 +0 dy
	Take the ramp West, travel to Hwy 22 South		17.5	18	7:31 +0 dy	8:53 +0 dy
	Turn left (South), travel to Millarville		16.6	35	8:00 +0 dy	9:43 +0 dy
1	Continue South on Hwy 22 to 'Turner Valley'	FWR	10.9	45	8:20 +0 dy	10:16 +0 dy
	Turn left (East) to stay on Hwy 22, travel to Black Diamond	FWR	4	49	8:27 +0 dy	10:28 +0 dy
	Turn right (South) to stay on Hwy 22, travel to Longview	FWR	17	66	8:57 +0 dy	11:25 +0 dy
	Continue South on Hwy 22 to Hwy 533		39.2	106	10:06 +0 dy	14:02 +0 dy
	Turn left (East), travel to Hwy 2 (follow Hwy 533; it will wind East and North)		37.4	143	11:12 +0 dy	16:32 +0 dy
2	Turn left (North) into 'Nanton'	FHWR	1	144	11:14 +0 dy	16:36 +0 dy
	Continue North to 18 St/Hwy 533 East, turn right (East) onto Hwy 533. Follow Hwy 533, it will curve North and become Hwy 804. Continue to Hwy 534.		24.3	168	11:57 +0 dy	18:13 +0 dy
3	Turn right (East), travel to 'Vulcan'	FHWR	17.5	186	12:27 +0 dy	19:23 +0 dy
	Continue through Vulcan to Hwy 23, turn left (North), travel to where Hwy 23 turns West (at this point, Hwy 24 goes North, Hwy 542 goes East)		20.2	206	13:04 +0 dy	20:44 +0 dy
	Turn left (West) to stay on Hwy 23, stay on Hwy 23 across Hwy 2 to High River.	FHWR	46.1	252	14:30 +0 dy	23:48 +0 dy
	Turn right (North) on Centre St/Hwy 2A, follow Hwy 2A past Aldersyde where it curves West and becomes Hwy 7. Stay on Hwy 7 to Okotoks, Southridge Dr.		20.1	272	15:08 +0 dy	1:08 +0 dy
4	Turn right, travel into 'Okotoks' to Elizabeth St	FHWR	2.8	275	15:13 +0 dy	1:20 +0 dy
	Turn left (West), Elizabeth St becomes Hwy 549. Travel West, the road will curve North. Stay heading North to 242 Ave W/Twp Rd 220 (NOTE: Hwy 549 will go West, but stay North on Range Rd 12)		15.9	291	15:43 +0 dy	2:23 +0 dy
	Turn left (West), travel to 64 St W/Range Rd 14		3.2	294	15:49 +0 dy	2:36 +0 dy
	Turn right (North), travel to Hwy 22X/Marquis de Lorne Trail		6.6	301	16:00 +0 dy	3:00 +0 dy
	Turn right (East), travel to 6 St SW		1.5	302	16:00 +0 dy	3:00 +0 dy
	Turn left (North) to Shawville Gate SW, then turn right (East) to Finish		1.2	303	16:00 +0 dy	3:00 +0 dy
F	Finish: 'Shawnessy Mall'	FHWR	0	303	16:00 +0 dy	3:00 +0 dy